



Meridian Half 10k Sunday October 22nd 10am





10k Flat , Fast N Furious

Start Time
10am

Start/Finish: Old RAF Buildings, HU12 0QL

REGISTRATION: Please arrive at the Registration tent at least 20 minutes before the race starts. Race will begin at 10am prompt.

PARKING: When you arrive at the old buildings you will be guided to the parking area so please follow directions from one of our volunteers.

FACILITIES: Toilets will be available to access before and after the race. Bottled water will also be free to pick up after the race ends.

RESULTS: We will announce the first place and runners up for all categories and present on the day . The final results & photographs will be uploaded to our blog within 24 hours of the race ending.

Please respect the roads during the race as this is not a closed event there may be Vehicles passing by.

We look forward to seeing you down at Sunk Islands for a fast N Flat event.

   @blipactive

Meridian 10k



Is this the flattest Course in the UK , probable !

Run



Distance

10.00 km

Elevation Gain

0 m

Elevation Loss

0 m



The race is straight out and back The route will be signposted. Please respect oncoming vehicles.

I am sure you have all heard the saying as flat a pancake , This must be the flattest in Yorkshire !

COURSE RECORDS

Male : Ryan Page (Lincoln Wellington Athletics Club) 32:56

Female : Naomi Drakeford (Barnsley Athletic Club) 39:31

Start/Finish: Old RAF Building, HU12 0QL



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